

# Rosario Counseling & Associates, PLLC

809 Spring Forest Road, Raleigh, NC 919-649-5883

*Did you know we offered  
Psychological Testing & Assessments?*

**Rosario Counseling & Associates**, is proud to be one of the facilities in our area to offer Psychological Testing & Assessments. We offer them to **adults** as well as **adolescents**. These tests provide measurements of human ability, traits and characteristics. Testing will provide insights to *personality characteristics, intelligence and cognitive abilities (e.g., thinking, attention & memory)*.

Maybe you have heard about psychological testing and wonder if you or a family member should be tested. Psychological testing may sound intimidating, but it's designed to help you.

In many ways, psychological testing and assessments are similar to medical tests. If a patient has physical symptoms, a primary care provider may order X-rays or blood tests to understand what's causing those symptoms. The results of the tests will help inform develop a treatment plan.

Psychological evaluations serve the same purpose. Our counselors use tests and other assessment tools to measure and observe a client's behavior to arrive at a diagnosis and guide treatment.

Counselors administer tests and assessments for a wide variety of reasons. If a person is having problems at work or school, or in personal relationships, tests can help a psychologist understand whether he or she might have issues with anger management or interpersonal skills, or certain personality traits that contribute to the problem. Other tests evaluate whether clients are experiencing emotional disorders such as anxiety or depression and to what degree it is impairing daily life.

The underlying cause of a person's problems isn't always clear. For example, **if a child is having trouble in school, does he or she have an attention problem such as attention-deficit hyperactivity disorder (ADHD/ADD)?**

**Difficulty with impulse control?** Adults can experience the same issues on the job, in the home or in social settings. Psychological tests and assessments allow a therapist to understand the nature of the problem, and to figure out the best way to go about addressing it.

Our counselors have over 30 years of experience in counseling. We offer a range psychological testing in our office.



Some include:

- **ADHD**
- **Behavioral**
- **Diagnostic**
- **Personality**
- **Career**

A follow-up appointment will be scheduled to review the test results with you typically within a week. An explanation of the evaluation, the diagnosis & recommendations will be provided in this visit. For a nominal fee you can request a written report for your use including sharing it with your doctor, school or Attorney etc. Results are held at the highest level of confidentiality at Rosario Counseling & Associates. We ONLY release your test results to the client and or the parents of a minor child. If you would like us to release information we can, once a consent form has been signed in our office giving us permission.

If you are interested in scheduling an assessment, discuss it with your therapist at your next session. If you are new to our practice and would like to schedule a consultation to discuss tests, assessments or counseling feel free to contact us.

We are here to help.

**Knowledge is Power!**

## Schedule An Assessment with your Therapist Today!

### 919-649-5882



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